

# Linda Holiday Sensei

Aikido 6th Dan

Chief Instructor of Aikido of Santa Cruz

Author of *Journey to the Heart of Aikido*

## Wisconsin, April 19-23, 2018



**April 19 Aikido of Wales** 6:30 PM - 8:30 PM

**April 21 Aikido of Madison** 10:00 AM - 12:00 PM; 2:30 - 4:00

**April 22 Aikido of Madison** 10:00 AM - 12:00 PM

**April 23 Aikido of Wales** 6:30 PM - 8:30 PM

Prices: Aikido of Wales \$20/class; Aikido of Madison \$80/weekend

Linda Holiday, 6th dan, is the chief instructor of Aikido of Santa Cruz, California. In 1970, she began her practice of Aikido under Robert Frager Sensei and Frank Doran Sensei. She studied intensively in Japan for several years in the 1970's with teachers who had been direct students of the founder of Aikido, including Motomichi Anno Sensei, 8th dan, and Michio Hikitsuchi Sensei, 10th dan. Linda Sensei was one of the first Westerners to live in the remote Kumano area of Japan and undertake rigorous training at the Kumano Juku Dojo. She is the author of *Journey to the Heart of Aikido: The Teachings of Motomichi Anno Sensei*. Following in the tradition of her teachers, Linda Sensei integrates the physical and spiritual training of Aikido. She has taught in many countries and cultures, and is devoted to Aikido as a way of "building the World Family."